

The American Rescue Plan Will Expand Coverage, Dramatically Reduce Health Care Costs For North Dakotans

The American Rescue Plan includes important measures to reduce health care costs and expand coverage for North Dakota families. Making health insurance more affordable and accessible is especially important as the country continues to battle the coronavirus pandemic and millions have lost their jobs and their health insurance. This legislation will lower premiums for North Dakotans purchasing coverage through the Affordable Care Act (ACA) marketplace and expand access to financial assistance for more middle-class families. Additionally, the American Rescue Plan includes robust financial incentives for the 14 states that have not yet implemented Medicaid expansion.

Lower Costs

The American Rescue Plan includes measures to dramatically lower the cost of premiums for North Dakotans. This legislation will:

- **Guarantee coverage that costs less than 8.5 percent of income.** This legislation lowers the cost of premiums for North Dakotans purchasing coverage through the ACA marketplace, ensuring enrollees have the option to purchase health care for less than 8.5 percent of their income for the next two years.
- **Make coverage more affordable for middle class North Dakotans** by temporarily expanding the eligibility for premium tax credits above 400 percent of the federal poverty level— [roughly](#) \$51,000 for a single person or \$105,000 for a family of four. Under current law, families earning just above 400 percent of the federal poverty level spend an average of [15 percent](#) of their incomes on health insurance.
 - A 45-year-old North Dakotan earning \$60,000 would save \$132 in monthly premiums.
 - A 60-year-old North Dakota couple with a household income of \$75,000 would save \$1,563 in monthly premiums.
 - A North Dakota family of four with a household income of \$120,000 would save \$726 in monthly premiums.
- **Improve affordability for low- and middle-income North Dakotans** by increasing the size of the tax credits for all income brackets for the next two years. This [means](#) a typical family of four with a household income of \$75,000 would save \$248 on monthly premiums, while a single adult earning \$30,000 would save \$110 per month.
- **Eliminate premiums** in the exchanges for people earning up to 150 percent of the federal poverty level (roughly \$19,000 for a single person and \$39,000 for a family of four) and for North Dakotans receiving unemployment insurance in 2021.

Expanded Coverage

In addition to providing affordable coverage options for millions of uninsured Americans through the ACA, the American Rescue Plan provides robust financial incentives for the [14 states](#) that have not yet implemented Medicaid expansion. Research confirms that Medicaid expansion increases access to care, improves financial security, and leads to better health outcomes. Medicaid expansion has played a vital role in reducing racial disparities in health care access and has served as a critical safety net during the pandemic.

An estimated [four million uninsured adults](#) — including 640,000 frontline workers— could gain coverage if the remaining holdout states adopted expansion. Importantly, people of color make up nearly [60 percent](#) of this group.