What the Congressional Republican Agenda Means for New Mexico

Speaker McCarthy and MAGA Congressional Republicans have <u>committed to balance the budget</u> while adding \$3 trillion or more to the deficit through tax cuts skewed to the wealthy and large corporations. As a matter of simple math, that requires <u>trillions in program cuts</u>. Congressional Republicans have yet to disclose to the American people where these cuts will come from. But past Republican <u>legislation</u>, <u>budgets</u>, and <u>litigation</u>, along with recent <u>statements</u>, <u>proposals</u>, and <u>budget plans</u>, provide clear evidence that health care will be on the chopping block for severe cuts.

Virtually every Republican budget or fiscal plan over the last decade has included repeal of the Affordable Care Act (ACA) and deep cuts to Medicaid. That would mean: higher health care costs for New Mexico families; ending critical protections for people with pre-existing conditions; nearly one million people losing health coverage and care in New Mexico alone; and threats to health care for seniors and people with disabilities, including growing home care waiting lists and worse nursing home care.

New Mexicans deserve to see congressional Republicans' full and detailed budget plan, including what it cuts from the ACA and Medicaid, Social Security and Medicare, and other critical programs, and should have the chance to compare it with the President's budget plan, which he will release March 9.

ACA repeal would reverse New Mexico's progress getting more New Mexicans health insurance. Since the passage of the Affordable Care Act, monthly enrollment rates for Medicaid have increased over 93 percentage points—coverage gains that would surely be lost if the ACA and Medicaid expansion is eliminated.

More than 1,003,109 New Mexicans—about 47 percent of the state—rely on Medicaid and the Affordable Care Act for health coverage.

In total, over 333,725 New Mexicans' health insurance coverage will be at risk from ACA repeal. This includes over 40,689 who have signed up for ACA marketplace coverage for 2023, and over 293,036 enrolled in Medicaid expansion coverage available due to the ACA.

At least 337,000 New Mexicans with pre-existing health conditions could lose critical protections. Before the ACA, at least 337,000 New Mexicans with pre-existing health conditions could be denied coverage or charged more if they tried to buy individual market health insurance. Republican repeal proposals either eliminate these protections outright or find other ways to gut them.

Over 115,430 New Mexicans could lose protection against catastrophic medical bills. Before the ACA, insurance plans were not required to limit enrollees' total costs, and <u>almost one in five</u> people with employer coverage had no limit on out-of-pocket costs, meaning they were exposed to tens of thousands of dollars in medical bills if they became seriously ill.

About 669,384 New Mexicans with Medicaid could lose critical services, or could even

lose coverage altogether, including over 406,793 children. Slashing federal funding for Medicaid will force states to make Medicaid eligibility changes that would make it harder to qualify for, and enroll in, Medicaid coverage. States would also likely consider capping or limiting enrollment.

Over 88,917 seniors and people with disabilities in New Mexico could receive worse home care, with ballooning wait lists for those still in need. Under a block grant or percapita cap, there would be fewer dollars available for home care services, an optional benefit in Medicaid. Faced with large federal funding cuts, states would almost certainly ration care. New Mexico already has over 18,750 people on its home care wait lists so any additional cuts in federal funding will likely cause the state's existing wait list to skyrocket.

Thousands of nursing home residents in New Mexico would be at risk of lower quality of care. Over 60 percent of nursing home residents are covered by Medicaid. With large cuts in federal funding, states would be forced to cut nursing home rates to manage their costs, as many states have done during recessions. Research shows that when nursing homes are paid less, residents get worse care.