

Republicans Follow Through on Their Plan to Hike Costs and Strip Nutmeggers of Their Health Care

Across the country, health care is in crisis, including in Connecticut. Since taking power, Donald Trump and Congressional Republicans have launched an all-out assault on our health care system. From slashing Medicaid to driving rural hospitals off a cliff to ending health care tax credits, they have created a disaster for working families and only helped billionaires get richer. Now Nutmeggers who buy insurance on their own will see their premium costs skyrocket. Beginning in 2026, Republicans have made sure that premiums in Connecticut will [increase](#) by an average of 79 percent more every single year. This will exacerbate the uninsured rate and raise costs for hard-working Nutmeggers at a time when too many are struggling to make ends meet. It's time for Republicans to fix the mess they created. Every day they stall, more Nutmeggers are forced to choose between keeping a roof over their head, food on the table, or life-saving coverage. The choice is clear: side with billionaires and big corporations and let the crisis get worse, or finally stand with hard-working Nutmeggers.

By the Numbers

There are 224,000 Nutmeggers on the state ACA [marketplace](#) who will be forced to pay \$534 more each year on average for their health insurance.

Around 150,000 Nutmeggers will [lose their health care](#) coverage entirely thanks to Republican premium increases and the Big, Ugly bill.

A 45-year-old in Connecticut making \$62,000 will see their average annual premium costs [rise by](#) \$4,126 to hit \$9,396 annually.

A 60-year-old couple in Connecticut making \$82,000 will see their average annual premium costs rise by \$28,350 to hit \$35,320 annually.

A family of four in Connecticut making \$126,000 will see their average annual premium costs rise by \$15,878 to hit \$26,588 annually.

Hospitals and clinics across Connecticut are already struggling to stay open after Republicans passed the largest health care cuts in history. Now, thanks to Republicans gutting the premium tax credits and hiking Nutmeggers' premiums, providers in Connecticut [will lose](#) an additional \$45 million in funding.