

Republicans Follow Through on Their Plan to Hike Costs and Strip Iowans of Their Health Care

Across the country, health care is in crisis, including in Iowa. Since taking power, Donald Trump and Congressional Republicans have launched an all-out assault on our health care system. From slashing Medicaid to driving rural hospitals off a cliff to ending health care tax credits, they have created a disaster for working families and only helped billionaires get richer. Now Iowans who buy insurance on their own will see their premium costs skyrocket. Beginning in 2026, Republicans have made sure that premiums in Iowa will [increase](#) by an average of 173 percent more every single year. This will exacerbate the uninsured rate and raise costs for hard-working Iowans at a time when too many are struggling to make ends meet. It's time for Republicans to fix the mess they created. Every day they stall, more Iowans are forced to choose between keeping a roof over their head, food on the table, or life-saving coverage. The choice is clear: side with billionaires and big corporations and let the crisis get worse, or finally stand with hard-working Iowans.

By the Numbers

There are 136,833 Iowans on the state ACA [marketplace](#) who will be forced to pay \$610 more each year on average for their health insurance.

Around 110,000 Iowans will [lose their health care](#) coverage entirely thanks to Republican premium increases and the Big, Ugly bill.

A 45-year-old in Iowa making \$62,000 will see their average annual premium costs [rise by](#) \$1,353 to hit \$6,793 annually.

A 60-year-old couple in Iowa making \$82,000 will see their average annual premium costs rise by \$18,310 to hit \$25,535 annually.

A family of four in Iowa making \$126,000 will see their average annual premium costs rise by \$8,171 to hit \$19,221 annually.

Hospitals and clinics across Iowa are already struggling to stay open after Republicans passed the largest health care cuts in history. Now, thanks to Republicans gutting the premium tax credits and hiking Iowans' premiums, providers in Iowa [will lose](#) an additional \$27 million in funding.